

# Baked!

# Cheetos CRUNCHY

®  
BRAND

2 8 AUG 2006  
GUARANTEED FRESH  
UNTIL PRINTED DATE

OCT 31

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## Nutrition Facts

Serving Size 1 package  
Servings Per Container 1

Amount Per Serving

Calories 120      Calories from Fat 40

% Daily Value\*

Total Fat 4.5g      7%

Saturated Fat 1g      4%

Trans Fat 0g

Cholesterol 0mg      0%

Sodium 210mg      9%

Total Carbohydrate 17g      6%

Dietary Fiber 0g      0%

Sugars less than 1g

Protein 2g

Vitamin A 8%      Vitamin C 0%

Calcium 0%      Iron 4%

Vitamin E 4%      Thiamin 10%

Riboflavin 6%      Niacin 6%

Phosphorus 4%

\* Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:

	Calories:	2,000	2,500
Total Fat	Less than	65g	80g
Sat Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2,400mg	2,400mg
Total Carbohydrate		300g	375g
Dietary Fiber		25g	30g

Calories per gram:

Fat 9      Carbohydrate 4      Protein 4

INGREDIENTS: ENRICHED CORN MEAL (CORN MEAL, FERROUS SULFATE, NIACIN, THIAMIN MONONITRATE, RIBOFLAVIN, AND FOLIC ACID), VEGETABLE OIL (CONTAINS ONE OR MORE OF THE FOLLOWING: CORN, SOYBEAN OR SUNFLOWER OIL), WHEY, CHEDDAR CHEESE (CULTURED MILK, SALT, ENZYMES), SALT, PARTIALLY HYDROGENATED SOYBEAN OIL, MALTODEXTRIN, DISODIUM PHOSPHATE, SOUR CREAM (CULTURED CREAM, NONFAT MILK), ARTIFICIAL FLAVOR, BETA-CAROTENE, MONOSODIUM GLUTAMATE, LACTIC ACID, ARTIFICIAL COLORS (INCLUDING YELLOW 6), AND CITRIC ACID. CONTAINS MILK INGREDIENTS.

FRITO-LAY, INC.  
PLANO, TX 75024-4099

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CHEESE FLAVORED SNACKS

NET WT. 7/8 OZ. (24.8 g)