

JONNY RAPP'S

totally cool!

BAKED FRIES

CORN & POTATO SNACK



Cheddar & Bacon

Nutrition Facts

Serving Size 1 bag (28g)
Servings Per Container 1

Amount Per Serving		% Daily Value*
Calories 130	Calories from Fat 35	
Total Fat 4g		6%
Saturated Fat 0.5g		3%
Trans Fat 0g		
Cholesterol 0mg		0%
Sodium 230mg		10%
Total Carbohydrate 20g		7%
Dietary Fiber 2g		6%
Sugars 1g		
Protein 2g		
Vitamin A 0%	Vitamin C 0%	
Calcium 2%	Iron 4%	

* Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:

	Calories: 2,000	2,500
Total Fat	Less than 65g	80g
Sat. Fat	Less than 20g	25g
Cholesterol	Less than 300mg	300mg
Sodium	Less than 2,400mg	2,400mg
Total Carbohydrate	300g	375g
Dietary Fiber	25g	30g

Calories per gram:
Fat 9 • Carbohydrate 4 • Protein 4

Ketchup

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Calories per gram:
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Hot 'n Spicy

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Total Carbohydrate	300g	375g
Dietary Fiber	25g	30g

Calories per gram:
Fat 9 • Carbohydrate 4 • Protein 4

Available in



1 oz. - 1.5 oz. -
3 oz. and 7 oz.

Ingredients: Enriched corn meal (corn meal, ferrous sulfate, starch, tricalcium phosphate, thiamine mononitrate, riboflavin, and folic acid), dehydrated potato flakes (potatoes, mono and diglycerides, sodium acid pyrophosphate), sunflower oil and/or corn oil, whey, reduced lactose whey, partially hydrogenated soybean oil, salt, cheddar & blue cheese (cultured milk, salt, enzymes), maltodextrin, monosodium glutamate, natural and artificial flavors (contains yeast), onion powder, cream, whey protein concentrate, disodium phosphate, cornstarch, citric acid, dextrose, garlic powder, artificial color (including yellow 5, yellow 6, red 40, and blue 1), spices, disodium inosinate & disodium guanylate, lactic acid.

CONTAINS MILK INGREDIENTS

UPC Code: 0-76721-17471-9

Order Codes:
90/1 oz. - 18616
48/1.5 oz. - 18966
21/3 oz. - 19055
15/7 oz. - 17642
Bread Serving 75
(1oz. = .75 Bread Servings)

Ingredients: Enriched corn meal (corn meal, ferrous sulfate, starch, tricalcium phosphate, thiamine mononitrate, riboflavin, and folic acid), dehydrated potato flakes (potatoes, mono and diglycerides, sodium acid pyrophosphate), sunflower oil and/or corn oil, sugar, tomato powder, maltodextrin, onion powder, sodium diacetate, modified food starch, vinegar solids, citric acid, malt acid extractives of paprika and annatto, paprika powder, extractives of paprika, tartaric acid, natural flavor.

UPC Code: 0-76721-17752-9

Order Codes:
90/1 oz. - 18617
15/7 oz. - 17754
Bread Serving 75
(1oz. = .75 Bread Servings)

Ingredients: Enriched corn meal (corn meal, ferrous sulfate, starch, tricalcium phosphate, thiamine mononitrate, riboflavin, and folic acid), dehydrated potato flakes (potatoes, mono and diglycerides, sodium acid pyrophosphate), sunflower oil and/or corn oil, whey, paprika, dextrose, torula yeast, salt, monosodium glutamate, spice, partially hydrogenated soybean oil, mustard, corn syrup solids, tomato powder, extractives of paprika, natural flavor, soy protein isolate, mono and diglycerides, sulfites.

CONTAINS MILK AND SOY INGREDIENTS

UPC Code: 0-76721-17472-6

Order Codes:
90/1 oz. - 18615
48/1.5 oz. - 18967
21/3 oz. - 19056
15/7 oz. - 17641
Bread Serving 75
(1oz. = .75 Bread Servings)



Alliance
for a
**Healthier
Generation**
School Competitive
Foods Guidelines
www.HealthierGeneration.org

For more information call 1-800-346-4910