

# WHOLE WHEAT BREAKFAST BUN

Code # WWB5160

Nutritional Facts  
Serving Size: 1 Bun (85g / 2.8 oz.)  
Amount per Serving:

Calories: 249	Calories from Fat: 52
	% Daily Value*
Total Fat 5.74g	
Saturated Fat 1.8g	
Monounsaturated 2.45g	
Polyunsaturated fat .57g	
Cholesterol 9.4mg	
Sodium 273mg	
Total Carbohydrate 39g	
Dietary Fiber 3g	
Sugars 7.5g	
Protein 5.6g	
Vitamin A 0%	Vitamin C 0%
Thiamin 15%	Iron 11%
Riboflavin 6%	Calcium 15%
Niacin 6%	

\* Daily values based on a 2000 calorie diet

**Ingredients:** Whole Wheat Flour, Bleached wheat flour, (enriched with niacin, reduced iron, thiamine mononitrate, riboflavin and folic acid), partially hydrogenated soybean oil, sugar, dextrose, nonfat milk, mono and diglycerides, soy flour, salt, soybean lecithin, sodium stearoyl lactylate (dough conditioner), calcium propionate (preservative), yeast food (contains calcium sulfate, salt, starch, ammonium sulfate), ascorbic acid (dough conditioner), annatto, natural flavor, malted barley flour, (dough conditioner).

**Icing:** Sugar, water, corn syrup, partially hydrogenated soybean oil, locust bean gum.