

Nutrition Facts

Serving Size 1.8 oz. (51g)

Servings Per Container 1

Calories 170

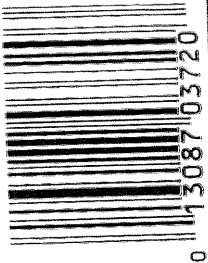
Calories from Fat 50

* Percent Daily Values (DV) are based on a 2,000 calorie diet.

Amount/Serving	% DV*	Amount/Serving	% DV*
Total Fat 6g	9%	Potassium 150g	4%
Sat. Fat 1.5g	6%	Total Carb. 28g	9%
Trans Fat 0g		Dietary Fiber 1g	5%
Cholest. 30mg	11%	Sugars 15g	
Sodium 160mg	7%	Protein 3g	
Vitamin A 25% • Vitamin C 25% • Calcium 4% • Iron 30% • Vitamin D 25%			
Vitamin E 25% • Thiamin 15% • Riboflavin 10% • Niacin 6%			
Vitamin B6 25% • Folate 30% • Vitamin B12 25% • Biotin 25%			
Pantothenic Acid 6% • Phosphorus 10% • Magnesium 2% • Zinc 25%			

INGREDIENTS: ENRICHED FLOUR (FLOUR, MALTED BARLEY FLOUR, NIACIN, REDUCED IRON, THIAMIN MONONITRATE, RIBOFLAVIN, FOLIC ACID), SUGAR, EGGS, WATER, INVERT SUGAR, BROWN RICE FLOUR, SOYBEAN OIL, CHOCOLATE CHIPS (SUGAR, UNSWEETENED CHOCOLATE, COCOA BUTTER, DEXTROSE, SOY LECITHIN [AN EMULSIFIER], VANILLA), FOOD STARCH—MODIFIED, COCOA PROCESSED WITH ALKALI, CONTAINS 2% OR LESS OF THE FOLLOWING: LEAVENING (SODIUM ALUMINUM PHOSPHATE, BAKING SODA, MONOCALCIUM PHOSPHATE), WHEY PROTEIN CONCENTRATE, CORN STARCH, NATURAL AND ARTIFICIAL FLAVORS, SALT, POTASSIUM SORBATE AS A PRESERVATIVE, CARAMEL COLOR, PROPYLENE GLYCOL MONOSTEARATE, MONOGLYCERIDES, SODIUM STEAROYL LACTYLATE, XANTHAN GUM, LECITHIN. NUTRIENT BLEND: ASCORBIC ACID (VITAMIN C), VITAMIN E ACETATE, VITAMIN A PALMITATE, ZINC OXIDE, CALCIUM SULFATE, REDUCED IRON, NIACIN, VITAMIN D-3, CALCIUM PANTOTHENATE, PYRIDOXINE HYDROCHLORIDE, FOLIC ACID, RIBOFLAVIN, THIAMIN MONONITRATE, BIOTIN, VITAMIN B-12. CONTAINS: MILK, WHEAT, EGGS, SOYBEANS

Manufactured by Otis Spunkmeyer Inc., San Leandro, CA 94577
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 For more information on this product contact 1-888-ASK-OTIS
 or visit our website at www.spunkmeyer.com



NET WT
1.8 OZ (51g)

Chocolate Cup
Chocolate Cup

MADE WITH WHOLE GRAIN
Mullin

DELICIOUS ESSENTIALS
Otis Spunkmeyer

Fortified with
10 Vitamins
& Minerals