

INGREDIENTS: WHOLE GRAIN OATS, WHOLE GRAIN WHEAT, CORN SYRUP, SUGAR, CANOLA AND/OR RICE BRAN OIL, HIGH FRUCTOSE CORN SYRUP, FRUCTOSE, RICE FLOUR, WHOLE GRAIN RICE, WHOLE GRAIN CORN, WHEAT STARCH, CALCIUM CARBONATE, SALT, MALTODEXTRIN, SORBITOL, DEXTROSE, CARAMEL AND ANNATTO EXTRACT COLOR, GELATIN, CINNAMON, NATURAL AND ARTIFICIAL FLAVOR, MONO AND DIGLYCERIDES, BAKING SODA, TRISODIUM PHOSPHATE, IRON AND ZINC (MINERAL NUTRIENTS), A B VITAMIN (NIACINAMIDE), VITAMIN B₆ (PYRIDOXINE HYDROCHLORIDE), VITAMIN B₂ (RIBOFLAVIN), A B VITAMIN (FOLIC ACID), NONFAT MILK. MIXED TOCOPHEROLS AND BHT ADDED TO PRESERVE FRESHNESS.

CONTAINS WHEAT AND MILK INGREDIENTS.

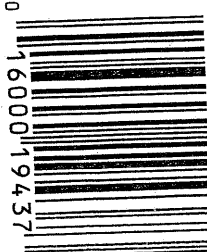
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with ^{General Mills}
Whole Grain

**Cinnamon
Toast
Crunch.**

Cereal Bar

NET WT
1.4 OZ (40g)



Nutrition Facts Serving Size: 1 bar (40g), Amount Per Serving:
Calories 160, Calories from Fat 30, **Total Fat** 3.5g (6% DV), Saturated Fat 0g (0% DV), Trans Fat 0g, **Cholesterol** 0mg (0% DV), **Sodium** 170mg (7% DV), **Total Carbohydrate** 30g (10% DV), Dietary Fiber 1g (6% DV), Sugars 11g, **Protein** 2g, Vitamin A (0% DV), Vitamin C (0% DV), Calcium (20% DV), Iron (20% DV), Riboflavin (10% DV), Niacin (10% DV), Vitamin B₆ (10% DV), Folic Acid (20% DV), Zinc (10% DV). Percent Daily Values (DV) are based on a 2,000 calorie diet.

*Good Source = at least 8g whole grain. At least 48g of whole grain recommended daily. 1 Bread Equivalent.