

Nutrition Facts

Serving Size: 1/2 cup (125g)

Servings Per Container: about 24

Amount Per Serving

Calories 90 **Calories from Fat** 0

% Daily Value*

Total Fat 0g **0%**

Saturated Fat 0g **0%**

Cholesterol 0mg **0%**

Sodium 300mg **12%**

Potassium 180mg **5%**

Total Carbohydrate 20g **7%**

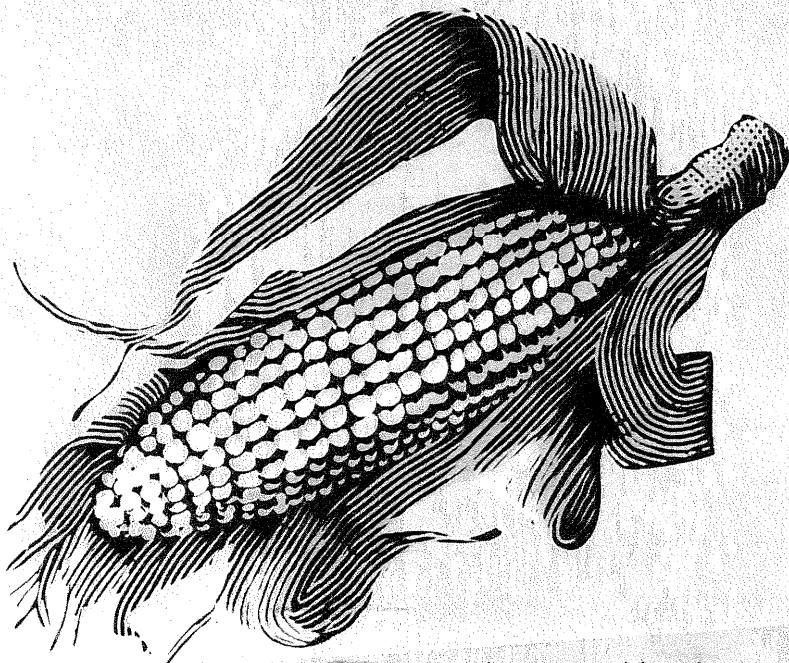
Dietary Fiber 2g **7%**

Sugars 5g

Protein 2g **4%**

Corn

WHOLE KERNEL



Distributed by USDA in cooperation with State and local or tribal governments for domestic food assistance programs.

INGREDIENTS Corn, Water, Sugar and Salt.