

Sugar Foods Corporation

TECHNICAL DATA SHEET

CUBE SEASONED CROUTONS

INGREDIENTS: ENRICHED FLOUR (WHEAT FLOUR, BARLEY MALT, NIACIN [A "B" VITAMIN], REDUCED IRON, THIAMINE MONONITRATE [B1], RIBOFLAVIN [B2], FOLIC ACID), PARTIALLY HYDROGENATED SOYBEAN AND/OR COTTONSEED OIL, WATER, WHEY, SALT, CONTAINS 2% OR LESS: HIGH FRUCTOSE CORN SYRUP, PARSLEY, SPICES, SUGAR, PAPRIKA, ONION POWDER, YEAST, WHEAT GLUTEN, TURMERIC (FOR COLOR), TBHQ (TO PRESERVE FRESHNESS).

NUTRITION FACTS:

Nutrition Facts	
Serving Size 22 croutons (7g)	
Servings Per Container *	
Amount Per Serving	
Calories 35	Calories from Fat 15
% Daily Value*	
Total Fat 1.5g	2%
Saturated Fat 0g	0%
Cholesterol 0mg	0%
Sodium 90mg	4%
Total Carbohydrate 4g	1%
Dietary Fiber 0g	0%
Sugars 0g	
Protein <1g	
Vitamin A 0%	Vitamin C 0%
Calcium 0%	Iron 0%
* Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:	
	Calories: 2,000 2,500
Total Fat	Less than 65g 80g
Sat Fat	Less than 20g 25g
Cholesterol	Less than 300mg 300mg
Sodium	Less than 2,400mg 2,400mg
Total Carbohydrate	300g 375g
Dietary Fiber	25g 30g
Calories per gram:	
Fat 9	Carbohydrate 4 Protein 4

* About 849 servings/ 10 lb.
 About 65 servings/ 1 lb. bag
 One serving/ .25-oz. packet

2/19/99