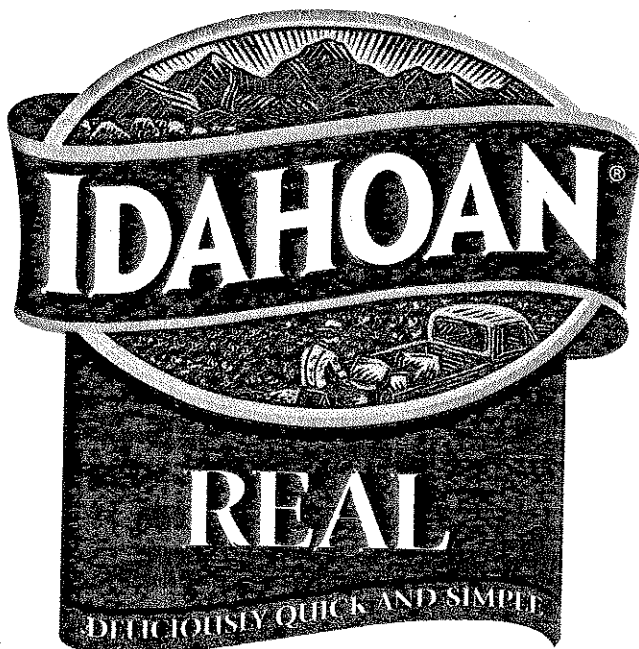


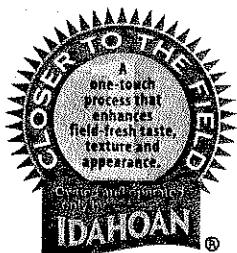
GREAT POTATOES. MADE EASY.



MASHED POTATOES

Made with 100% REAL Idaho® Potatoes

JUST ADD WATER



APPROXIMATELY 52-#10 SCOOP
(3.2 FL. OZ.) OR 32 (140g) SERVINGS



NET WT 26 OZ (737g)

Nutrition Facts

Serving Size 1/4 cup dry (23g)
Servings Per Container 32 - 2/3 cup
(140g/4.94 oz.) prepared

Amount Per Serving		
Calories 80		Calories from Fat 10
		% Daily Value*
Total Fat 1g		1%
Saturated Fat 0g		0%
Trans Fat 0g		
Cholesterol 0mg		0%
Sodium 310mg		13%
Potassium 240mg		7%
Total Carbohydrate 17g		6%
Dietary Fiber 1g		6%
Sugars 1g		
Protein 2g		
Vitamin A 0%	•	Vitamin C 6%
Calcium 2%	•	Iron 2%

*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:

	Calories:	2,000	2,500
Total Fat	Less than	65g	80g
Sat Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2,400mg	2,400mg
Potassium		3,500mg	3,500mg
Total Carbohydrate		300g	375g
Dietary Fiber		25g	30g

INGREDIENTS: Idaho® potatoes, salt, nonfat dry milk, partially hydrogenated oil (contains one or more of the following: soybean, cottonseed, sunflower), monoglycerides, calcium stearoyl lactylate, spice, artificial color, natural and artificial flavor, sodium acid pyrophosphate, sodium bisulfite, citric acid, and mixed tocopherols added to protect freshness.
Contains: Milk and soy.

INGREDIENTES: Papas de Idaho®, sal, leche en polvo sin grasa, aceite parcialmente hidrogenado (contiene uno o más de lo siguiente: soya, semilla de algodón, girasol), monoglicéridos, estearol de calcio lácteo, especias, color artificial, sabores naturales y artificiales, ácido pirofosfato de sodio, bisulfito de sodio, ácido cítrico y tocóferos mezclados han sido añadidos para proteger la frescura.
Contiene: Leche y soya.

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