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 recipient agencies.



Cooked 1 oz. Meatballs

55683

KEEP FROZEN



CN 067790 CN
 Two (1 oz. each) Casa Di Bertacchi® Meatballs provide 2.00 oz. equivalent meat/meat
 alternate for Child Nutrition Meal Pattern Requirements. (Use of this logo and
 statement authorized by the Food and Nutrition Service, USDA 08-06.)
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Preparation:

Conventional Oven Pre-heat oven to 375°F. Place frozen meatballs in oven safe container and lid with enough sauce to cover. If making meatballs without sauce, cover with 1/2" of water. Heat meatballs for 40-45 minutes or until internal temperature of 160° F is reached.
Convection Oven Pre-heat oven to 350°F. Place frozen meatballs in oven safe container and lid with enough sauce to cover. If making meatballs without sauce, cover with 1/2" of water. Heat meatballs for 40-45 minutes or until internal temperature of 160°F is reached.
 COOKING TIMES MAY VARY DEPENDING ON OVENS

Ingredients:

Ground beef (no more than 20% fat), water, textured vegetable protein product (soy protein concentrate, caramel color, zinc oxide niacin amide, ferrous sulfate, copper, gluconate, vitamin A palmitate, calcium pantothenate, thiamine mononitrate, pyridoxine hydrochloride, riboflavin and cyanocobalamin), isolated soy protein, seasonings (salt, spices, garlic), breadcrumbs (wheat flour, salt, yeast), onions, romano cheese (made from sheep's milk, salt, enzymes). Contains soy, wheat, milk.

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NET WEIGHT 20 LBS. (9.07 kg)



Nutrition Facts

Serving Size 3 Meatballs (85g)
 Servings Per Container 106

Amount Per Serving	
Calories 180	Calories from Fat 90
% Daily Value*	
Total Fat 10g	15%
Saturated Fat 3.5g	16%
Cholesterol 50mg	16%
Sodium 670mg	28%
Total Carbohydrate 5g	2%
Dietary Fiber 1g	5%
Sugars 1g	
Protein 20g	
Vitamin A 6%	• Vitamin C 10%
Calcium 4%	• Iron 20%

*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:

	Calories: 2,000	2,500
Total Fat	Less than 65g	80g
Sat Fat	Less than 20g	25g
Cholesterol	Less than 300mg	300mg
Sodium	Less than 2,400mg	2,400mg
Total Carbohydrate	300g	375g
Dietary Fiber	25g	30g

Calories per gram:
 Fat 9 • Carbohydrate 4 • Protein 4