

Nutrition Facts

Serving Size 1/2 cup (126g)

Servings Per Container 24

Amount Per Serving

Calories 80 **Calories From Fat** 0

% Daily Value*

Total Fat 0g 0%

Saturated Fat 0g 0%

Cholesterol 0mg 0%

Sodium 5mg 0%

Potassium 85mg 2%

Total Carbohydrate 18g 6%

Dietary Fiber 1g 4%

Sugars 15g

Protein 1g

Vitamin A 4% • **Vitamin C** 2%

Calcium 0% • **Iron** 0%

*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.

	Calories:	2,000	2,500
Total Fat	Less than	65g	80g
Saturated Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2,400mg	2,400mg
Potassium		3,500mg	3,500mg
Total Carbohydrate		300g	375g
Dietary Fiber		25g	30g

Calories per gram:

Fat 9 • Carbohydrate 4 • Protein 4

MIXED FRUIT IN LIGHT SYRUP

INGREDIENTS: DICED PEACHES,
WATER, DICED PEARS, GRAPES,
CORN SYRUP AND SUGAR.