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Nutrition Facts

Serving Size 1 Package (19g)

Servings Per Container 1

Amount Per Serving

Calories 90 **Calories from Fat** 25

% Daily Value*

Total Fat 3g **5%**

Saturated Fat 0.5g **2%**

Trans Fat 0g

Sodium 290mg **12%**

Total Carbohydrate 14g **5%**

Sugars 1g

Protein 1g

Not a significant source of Cholesterol, Dietary Fiber, Vitamin A, Vitamin C, Calcium, Iron.

*Percent Daily Values are based on a 2,000 calorie diet.

INGREDIENTS: Rice flour, corn (with germ removed), sunflower oil with natural tocopherols added to preserve freshness, whey, salt, maltodextrin, cheddar and blue cheese (cultured milk, salt, enzymes, annatto extract), partially hydrogenated soybean and cottonseed oil, butter, monosodium glutamate, lactic acid, disodium phosphate, tricalcium phosphate, citric acid, gum arabic, natural flavors, annatto extract.

CONTAINS MILK AND SOY INGREDIENTS.

(16924-9)

DO NOT HEAT IN TOASTER OR MICROWAVE.



DISTRIBUTED BY:
THE QUAKER OATS COMPANY
P.O. BOX 049003
CHICAGO, IL 60604-9003

QUESTIONS OR COMMENTS?

Call 1-800-856-5781

Monday-Friday 8:30 a.m. to 4:30 p.m. Central Time

Please have package available when calling.

BEST BEFORE:

JAN 09 07

CZ 2 06