



Excellent Source
of 10 Vitamins
and Minerals

Smart Choice™ Blueberry Muffin

3g Protein
2g Fiber
0g Trans Fat

Made with
Whole Grain

NET WT 2 oz. (57g)



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Amount/Serving	% DV*	Amount/Serving	% DV*
Total Fat 6g	9%	Potassium 55mg	2%
Sat Fat 1g	6%	Total Carb 24g	8%
Trans Fat 0g		Dietary Fiber 2g	8%
Cholest 30mg	10%	Sugars 12g	
Sodium 170mg	7%	Protein 3g	
* Percent Daily Values (DV) are based on a 2,000 calorie diet.			
Vitamin A 20% • Vitamin C 0% • Calcium 20% • Iron 20%			
Vitamin E 20% • Thiamin 20% • Riboflavin 20% • Niacin 20%			
Vitamin B6 20% • Vitamin B12 20% • Magnesium 4% • Zinc 20%			



MFG. BY J.S.B. INDUSTRIES, INC., CHELSEA, MA 02150, CONN LIC 3654

INGREDIENTS: Whole wheat flour, enriched flour bleached (wheat flour, soybean oil, bleached, modified corn starch, dairy whey, mono & diglycerides, vital wheat gluten, leavening (baking soda, sodium aluminum phosphate), sugar, salt, sodium stearyl lactylate, sorbitan monostearate, calcium acetate, artificial milk, xanthan gum, guar gum, polysorbate 60, soy flour, natural & artificial flavor, calcium carbonate, malto-dextrin, ferric orthophosphate, Vitamin E acetate USP, niacinamide, zinc oxide, Vitamin A palmitate USP, Vitamin B6 hydrochloride USP, Vitamin B2 USP, Vitamin B1 mononitrate USP, Vitamin B12 USP. **CONTAINS WHEAT, EGG, SOY, MILK**