Nutrition Facts

Serving Size 1 Bar (53g)

Amount Per Serving	
Calories 70	Calories from Fat 5
	% Daily Value*
Total Fat 0.5g	1%
Saturated Fat 0g	0%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 25mg	1%
Total Carbohydrate 15g	5%
Dietary Fiber 1g	4%
Sugars 9g	
Protein 1g	

Vitamin A 2% • Vitamin C 0%

Calcium 6% • Iron 0%

Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:

	Calories:	2,000	2,500
Total Fat	Less than	65g	80g
Sat Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2,400mg	2,400mg
Total Carbohydrate		300g	375g
Dietary Fiber		25g	30g

Calories per gram:

Fat 9 • Carbohydrate 4 • Protein 4

LOW FAT VANILLA ICE CREAM WITH A STRAWBERRY FLAVORED SWIRL

GOOD HUMOR

Strawberry & Cream

Low Fat Ice Cream Bar

2.7 FL OZ (79 ml)

INGREDIENTS: LOW FAT ICE CREAM: NONFAT MILK, SUGAR, POLYDEXTROSE, CORN SYRUP, MALTODEXTRIN, MILKFAT, TRICALCIUM PHOSPHATE, NATURAL FLAVOR, PROPYLENE GLYCOL MONOESTERS, MONO & DIGLYCERIDES, LOCUST BEAN GUM, GUAR GUM, VITAMIN A PALMITATE, ICE STRUCTURING PROTEIN. **STRAWBERRY FLAVORED SWIRL:** WATER, MALTODEXTRIN, SUGAR, CORN SYRUP, HIGH FRUCTOSE CORN SYRUP, GUAR GUM, MODIFIED CELLULOSE, LOCUST BEAN GUM, MONO & DIGLYCERIDES, CELLULOSE GUM, POLYSORBATE 65 & 80, CARRAGEENAN, NATURAL FLAVOR, VEGETABLE JUICE CONCENTRATE (FOR COLOR), CITRIC ACID, MALIC ACID, PECTIN.

P.O. BOX 19007, GREEN BAY, WI 54307-9007

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GUARANTEE: IF YOU ARE NOT SATISFIED WITH THE QUALITY OF THIS PRODUCT OR HAVE ANY QUESTIONS OR COMMENTS, PLEASE SEND YOUR NAME, ADDRESS AND REASON FOR DISSATISFACTION ALONG WITH THIS ENTIRE WRAPPER TO: **CONSUMER RELATIONS, P.O. BOX 19007, GREEN BAY, WI 54307-9007.** A PROMPT ADJUSTMENT OF EQUAL VALUE WILL BE MADE.

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