



Code: 00803

Product Name: Stuffed Shells

Serving Size: 4.28 oz

062445

Each serving (2 pieces) of Stuffed Shells provides 2 oz. equivalent meat/meat alternate and 1½ servings of bread alternate for the Child Nutrition Meal Pattern Requirements. (Use of this logo and statement authorized by the Food and Nutrition Service, USDA 06/05).

<i>Nutrient</i>	<i>Amount per 100g</i>	<i>Amount Per Serving*</i>
Calories	150	190
Protein	13 g	16 g
Carbohydrates	16 g	20 g
Dietary Fiber	0.8 g	0.9 g
Sugar – Total	2 g	3 g
Fat – Total	3.5 g	4 g
Saturated Fat	2 g	2.5 g
Trans fat	0 g	0 g
Cholesterol	30 mg	35 mg
Vitamin A	100 IU	100 IU
Vitamin C	0 mg	0 mg
Thiamine	0.23 mg	0.27 mg
Riboflavin	0.22 mg	0.27 mg
Potassium	110 mg	133 mg
Niacin	1.21 mg	1.46 mg
Calcium	250 mg	300 mg
Iron	0.72 mg	1.1 mg
Sodium	380 mg	460 mg

RECEIVED
SEP 27 2006
BY: _____

* Nutritional value based on handbook analysis.

INGREDIENTS: CHEESE FILLING: Fat Free Ricotta Cheese (Pasteurized Whey, Pasteurized Skim Milk, Vinegar, Xanthan Gum, Vitamin A Palmitate), Low Moisture Part Skim Mozzarella Cheese (Pasteurized Cultured Part Skim Milk, Salt, Enzymes), Imported Romano Cheese Made from Sheep's Milk (Pasteurized Sheep's Milk, Bacterial Culture, Salt, Rennet), Water, Whole Egg, Whey Protein Isolate (From Milk), Sodium Caseinate, Corn Starch - Modified, Sugar, Salt, Spice, Dehydrated Garlic. PASTA: Enriched Semolina Flour (Durum Wheat Flour, Niacin, Ferrous Sulfate, Thiamine Mononitrate [Vitamin B1], Riboflavin [Vitamin B2], Folic Acid), Water. Contains Milk, Eggs, Wheat

COOKING INSTRUCTIONS:

OVEN: Sauce bottom of full or 1/2 steam table pan, place shells in pan and cover with sauce. Seal pan with aluminum foil. Preheat oven to 375°F. Bake for 30-40 minutes (frozen) or 20-25 minutes (thawed).
STEAMER: Sauce bottom of pan, place shells in pan and cover with sauce. Seal pan with aluminum foil or plastic wrap. Steam for approx. 15-25 minutes. Garnish with shredded mozzarella for added appeal.
NOTE: OVENS WILL VARY SO PLEASE ADJUST TIME AND TEMPERATURE. INTERNAL PRODUCT TEMPERATURE MUST REACH 165°F)

CONTAINS: 112 SERVINGS 4.28 oz. PER CASE
(2 STUFFED SHELLS PER SERVING)