

# Guida's



## ALL NATURAL VANILLA ICE CREAM

supercow.com

**NUTRITION FACTS:** Serv. Size 1 container. Amount Per Serving. Calories 143, Calories From Fat 65,  
Total Fat 7g (11% DV), Sat Fat 4g (22% DV), Trans Fat 0g (0% DV), Cholesterol 26mg (5% DV),  
Sodium 66mg (6% DV), Total Carb 16g (4% DV), Dietary Fiber 0g (0% DV), Sugars 14g,  
Protein 2g (4% DV), Vitamin A (6% DV), Vitamin C (0% DV), Calcium (8% DV), Iron (0% DV).  
Percent Daily Values (DV) are based on a 2,000 calorie diet.

**ING:** MILK CREAM, MILK FAT, SKIM MILK, SUGAR, CORN  
SWEETENER, WHEY, VANILLA EXTRACT, GUAR GUM, MONO-AND  
DGLYCERIDES, XANTHAN GUM, CARRAGEENAN.

4 FL. OZ. (118ml)

QUESTIONS OR NUTRITIONAL INF. VISIT US AT SUPERCOW.COM OR 1-800-832-8929  
DIST. BY GUIDA'S MILK & ICE CREAM, NEW BRITAIN, CT 06051 PLANT NO. 36-0300