

# Nutrition Facts

Serving Size 1 Bun (43g)  
Servings Per Container 12

**Calories 110**  
Calories from Fat 15

Amt. Per Serv.	%Daily Value*
<b>Total Fat 1.5g</b>	<b>2%</b>
Saturated Fat 0g	0%
Trans Fat 0g	
<b>Cholesterol 0mg</b>	<b>0%</b>
<b>Sodium 220mg</b>	<b>9%</b>

Vitamin A 0% • Vitamin C 0% • Calcium 8% • Iron 6%  
Thiamine 10% • Riboflavin 6% • Niacin 8% • Folate 10%

Amt. Per Serv.	%Daily Value*
<b>Total Carbohydrate 22g</b>	<b>7%</b>
Dietary Fiber Less than 1g	2%
Sugars 4g	
<b>Protein 3g</b>	

\*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:

	Calories: 2,000	2,500
Total Fat	Less than 65g	80g
Sat Fat	Less than 20g	25g
Cholesterol	Less than 300mg	300mg
Sodium	Less than 2,400mg	2,400mg
Total Carbohydrate	300g	375g
Dietary Fiber	25g	30g

INGREDIENTS: ENRICHED WHEAT FLOUR (FLOUR, BARLEY MALT, FERROUS SULFATE (IRON), "B" VITAMINS (NIAICIN, THIAMINE MONONITRATE (B1), RIBOFLAVIN (B2), FOLIC ACID)), WATER, SWEETENER, (HIGH FRUCTOSE CORN SYRUP OR SUGAR), YEAST, SOYBEAN OIL. CONTAINS 2% OR LESS OF: WHEAT GLUTEN, SALT, CALCIUM SULFATE, DOUGH CONDITIONERS (MAY CONTAIN: SODIUM STEAROYL LACTYLATE, TRICALCIUM PHOSPHATE, ETHOXYLATED MONO AND DIGLYCERIDES, DATEM, DICALCIUM PHOSPHATE, MONO AND DIGLYCERIDES, CALCIUM DIOXIDE, AND/OR SORBIC ACID), VINEGAR, SOY FLOUR, WHEY, YEAST NUTRIENTS (MAY CONTAIN: AMMONIUM CHLORIDE, AMMONIUM PHOSPHATE, DIAMMONIUM PHOSPHATE, AMMONIUM SULFATE, MONOCALCIUM PHOSPHATE AND/OR CALCIUM CARBONATE), CORNSTARCH, WHEAT STARCH, ENZYMES, CALCIUM PROPIONATE (TO RETAIN FRESHNESS), SOY LECITHIN. IF TOPPED, ALSO CONTAINS SESAME SEEDS OR CORNMEAL. CONTAINS WHEAT, MILK AND SOYBEANS.



**IB INTERSTATE BRANDS CORPORATION**

GENERAL OFFICE, KANSAS CITY, MO. 64111 © IBC 1995 REG CT DEPT OF AGR 3636

502307

**12 Hot Dog Buns**

**WONDER**

RECEIVED  
SEP 28 2006  
BY:

**LOW IN FAT**  
MADE WITH 100% VEGETABLE OIL  
SEE SIDE PANEL  
FOR NUTRITION  
INFORMATION