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INGREDIENTS: LOWFAT ICE CREAM: NONFAT MILK AND MILK FAT, SUGAR, CORN SYRUP, WHEY, STABILIZER (CELLULOSE GEL, CELLULOSE GUM, MONO- AND DIGLYCERIDES, POLYSORBATE 80, GUAR GUM, CARRAGEENAN), ARTIFICIAL FLAVOR, VITAMIN A PALMITATE. **CENTER:** WATER, SUGAR, COCOA, STABILIZER (GUAR GUM, CAROB BEAN GUM, CARRAGEENAN). **COATING:** SOYBEAN OIL, COCONUT OIL, SUGAR, COCOA, COCOA PROCESSED WITH ALKALI, WHEY POWDER, SOY LECITHIN, VANILLIN (ARTIFICIAL FLAVOR), TBHQ (ANTIOXIDANT). **CRUNCH:** BLEACHED WHEAT FLOUR, SUGAR, HYDROGENATED SOYBEAN OIL, CARAMEL COLOR, SALT, BAKING SODA, CORN SYRUP, COCOA, ARTIFICIAL FLAVOR, SOY LECITHIN.

MFD BY RICH ICE CREAM CO. 2915 S. DIXIE HWY., WEST PALM BEACH, FL 33405
PLANT 12-8 MADE IN USA

DAIRY

Rich's™ ICE CREAM

Chocolate Shortcake™

Artificially Flavored
Vanilla Lowfat Ice Cream
with Chocolate Flavored Center
and Crunch Coating

3 FL. OZ. (89mL)
Cont. Net. 70g

Nutrition Facts

Serving Size 3 fl. oz. (70g)
Servings Per Container 1

Amount Per Serving	% Daily Values*
Calories 140 Calories From Fat 40	
Total Fat 4.5g	7%
Saturated Fat 1.5g	8%
Trans Fat 0g	
Cholesterol less than 5mg	1%
Sodium 60mg	2%
Total Carbohydrate 22g	7%
Dietary Fiber less than 1g	4%
Sugars 15g	
Protein 2g	

Vitamin A 10% • Vitamin C 0%
Calcium 4% • Iron 4%

*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:

	Calories:	2,000	2,500
Total Fat	Less than	65mg	80mg
Sat Fat	Less than	20g	25g
Cholesterol	Less than	300mg	360mg
Sodium	Less than	2,400mg	2,400mg
Total Carbohydrate		300g	375g
Dietary Fiber		25g	30g

Calories per gram:
Fat 9 • Carbohydrate 4 • Protein 4